Comments on COVID Copied from Internet (Author is Darzoum in comments on Article from Mercola.com)

Such measures as mask wearing may be appropriate for those with co-morbidities, since we know they are the ones most susceptible to covid. The co-morbidities most responsible for the furtherance of this pandemic are as follows: gullibility; compliance as a value in itself; lack of critical thinking; unpracticed at thinking for yourself; excessive ignorance: blind belief in health "authorities": divided (and conquered): blind belief in government "authorities"; listening to celebrities opine on covidy matters; being swayed by platitudes like "we're all in this together"; purchasing printed signs of platitudes for home display; obsessive virtue signaling; politicization of therapies; passive acceptance of state programming; distraction by contrived, fake news stories; brainwashed; belief that a vaccine will save you and bring back the way things were; not that big on the whole "human rights" thing; obsessive desire to "fit in": fear of self reliance; just fear; not realizing you didn't consent to any of this; caving in to social pressure; wanting to appear smart and informed by "the science"; over-compensation to avoid any appearance of being a "conspiracy theorist"; belief that all maladies are treatable by drugs; allowing any form of mainstream news media in your home for reasons other than to: a). see through it, b). know what your enemy is thinking, or c). be disgusted; overly willing to stay locked down; buying excessive designer masks to coordinate with your outfits as tacit acceptance of the "new normal"; good at following orders; and if this makes sense to you: "alone, together."

While most co-morbidities are treatable with a healthy lifestyle and proper nutrition, some of these are going to require more than simply getting your vitamin D levels into the optimum range.